

Tiny Tummies



Chicken Salad with Strawberries

What to do with that leftover chicken? Too hot to cook? No time to cook? Chicken salad is your answer, and strawberries make it even better.

Serve this main course salad with crusty bread and something chocolate for dessert. If you don't have leftover chicken, pick up a roast chicken at the market.

Serves 4

For the dressing:

2 tablespoons olive oil
1 tablespoon balsamic vinegar
2 teaspoons red wine vinegar
½ teaspoon sugar
¾ teaspoon salt
fresh ground pepper to taste

For the salad:

2 cups chopped cooked skinless chicken
2 cups sliced strawberries
2 teaspoons chopped shallot or red onion (or to taste)
6 cups lettuce, spinach or other salad greens, washed, dried and torn into bite-size pieces

1. Combine all the dressing ingredients in a clean, empty jar. Cover and shake well.
2. In a large bowl, mix the chicken, strawberries, shallots and lettuce. Toss with enough dressing to coat well and serve immediately.